



Red Hook United Methodist Church

Methodist Chimes October Edition

“Open Hearts,

Open Minds,

Open Doors”

Office Hours: Tuesday & Thursday 9 – 11:30am

Email: redhookumc@umcchurches.org

Website: redhook.umcchurches.org

Pastor: Nikki Edleman (845) 546-3260

Church Secretary: Melissa Moore (845) 758-6283



OPEN HEARTS. OPEN MINDS. OPEN DOORS.

The Methodist Chimes

2017

A MESSAGE FROM PASTOR NIKKI'S DESK

“Trust in the Lord with all your heart,
and do not rely on your own insight.
In all your ways acknowledge him,
and he will make straight your paths.”

-Proverbs 3:5-6

Trust is an abstract term, and is hard to define or pin down. I have been recently thinking and praying about trust quite a lot. Without trust, it is impossible to build meaningful relationships. So, how do we build trust?

Some of you already know that I am a big fan of social researcher Brene Brown. She has written several books in recent years that are at the top of my recommended reading for anyone. (Her TED talks are also worth 15 minutes of your time; I encourage you to look them up.) Brown's research covers topics such as vulnerability, trust, and shame. In her books, she riffs on a definition of trust by another author, Charles Feltman, who says on page 7 of his book *The Thin Book of Trust* that trust can be defined as, “choosing to risk making something you value vulnerable to another person's actions.”

Wow. Think about that definition for a moment. It is so on target.

I have been with this congregation for just over a year. I have felt the warm embrace of the people here as you have slowly begun to include me in your tight-knit church family. I recognized from the start that this congregation had experienced what I would call multiple traumas in the years before I arrived, and I knew from the first meeting that building trust would be a primary focus of my first year with you as your pastor. I do feel as though some good ground work has been done in building a bridge of trust between the congregation and I. However, I recently have recognized a need to go deeper as we face uncertainty and transition in our near future. The direction we are headed together now—a merger and proposals for new ministries—is a situation that would test a secure organization's level of trust, but the test can be especially acute for a congregation which is still recovering from multiple traumas. In recent weeks, there have been obvious signs of unrest and distrust among all of us.

So, how do we go deeper together in trust?

I believe the answer has several layers, and I only have room to briefly outline them here. First, I think we need to do the hard work of addressing the past traumas and healing from them. Second, as your leader, I need to continue to work to assure you that I am trustworthy. Third, all of you as the congregation need to commit with one another and me to build trust together.

Finally, and most importantly, we need to remember that our guidepost in all of this trust work is our ever-faithful God. If we bathe every step in prayer, we will gain strength and resolve for the hard work of trust-building from the ultimate source of trust: God.



MUSIC & WORSHIP COMMITTEE NEWS

Our next Music and Worship meeting is Thursday the 19th at 6:15.

-Rev. Barbara E. Melzer, Chairperson

A WORD FROM OUR MUSIC DIRECTOR

Well, members of the choir are returning after the hiatus. HOWEVER, we can always use more voices or instrumentalists. Why not come out some Thursday evening from 7-8 and see what all the laughter and fun is about. No commitment. Right now, we are in a "General" music theme but by the end of October or early November, we will be practicing advent and Christmas music. So, do not be shy. If you are a Morning shower singer, why not come and try a Thursday night.

Your servant
Keith Niver, Director of Music



THE UNITED METHODIST WOMEN

Support for the Days for Girls project through redemption of cans and bottles has been good. So far, \$41 has been raised. It is much appreciated that the cans and bottles have been EMPTY and CLEAN! Thank you. - Betty Tabor

The Red Hook Unit of UMW will meet on October 23rd at 6:30 in the church lounge for our regular meeting. We are continuing the project "Days 4 girls" each Wednesday at 6 PM. Please join us for fun fellowship and delicious refreshments. All women are welcome. Rides provided. Call Joan Murray 758-5189. New York/ Connecticut District is also the host of the Annual Conference of UMW meeting to be held in Grace UMC, Newburgh on October 28th. Plan to attend and be blessed. For more information, please contact, Joan Murray, Lois Chekus or Kristi Colburn. Registration form attached.



NEWS FROM FOOD PANTRY AND WEAVERS

All are Welcome Here. The Pantry provides food to residents of the Red Hook School District regardless of citizenship or immigration status. We are not a government agency. We do not collect nor share information about immigration status. We protect your personal information and do not share.

Food Bank Food Delivery: October 17

"I call on you, O God,
for you will answer me;
give ear to me and hear my prayer."
(Psalm 17:6)



Help Wanted

****Food Pantry Assistant- Must enjoy helping our community****

- Ability to work one Sunday a month from 11:30 thru 2:00pm
- Set up food for distribution
- Occasional bending / lifting

All applicants contact, Janice Williams (845) 750-3057

ANNUAL HUNGER CROP WALK

Help end **hunger** and poverty in our community and around the world through the **Northern Dutchess** County, NY!

Sunday October 29th

ONGOINGS WITH THE WEAVERS

The Hand to Mouth Weavers will be at Phantom Gardeners Fall Festival

October 7th

Join Us!



CHURCH STREET NURSERY SCHOOL



The Nursery School will be having a **YARD SALE!!**
October 7th from 9am-2pm in the
Church Parking Lot.

PRAY FOR

Our Pastor and Our Entire Congregation.

All of the NYAC Staff Cabinet.

Our Ministry and Churches around the World. The Sick and those who continue to care for them. Those who give their lives for our Country and who protect us every day.

All people, animals and communities of the world as God created them.

THOSE OF SPECIAL NEED OF OUR PRAYERS

The Family of Ruby Allen, Bobby Armstrong, John Bamford, Jane Bier, Donna Marie Blanche, Jean Bleibtrey, Carol Boeck, Pat Brammer, Kathy Browne, Pete Buhler, Christine Chadwick, Roger Clark and family, James Cushman, Tricia Franklin, Sebastian Garber (Melissa's son), Kay George, Pastor Paul & Gloria Gingrich, Cindy Herman & Family, Haley Hines, Georgia Johnson, Peter Kane, Ralph Keeler, Suzanne & Caroline Kraczor, Paul Lacey, Dorothy Marion, Lis McCaffrey, Rick McGhee, Patrick McLaughlin, Ed Meyer, Melissa Moore and Family, Jane Morgan, David Muller, The Family of Beth Lou Muth, Caleb & Grady Nelson, Helen Newkirk, Keith Niver, Lois Niver, Zoe Niver, Donna Orlando, Carl Pack, Mike Pardoe, Ron Parker, John Poyner, Joyce Riffenburg, Jack "Jay" Sundheimer, Nancy Titus, Skip Tremper, Ruth Van Vliet, Taylor Van Voorhis, The Van Voorhis Family, & Anna Weih

**To add or remove anyone from our Church Prayer List, contact our Office at
845-758-6283 redhookumc@umcchurches.org



THE POWER OF PRAYER

To use our Prayer Chain call Joan Murray 758-5189, Joan Morrison 758-5375 or Betty Tabor 758-9011 with your prayer request. Our prayer chain is always completely confidential and separate from the Church Prayer List, unless you would like to be on both.

Red Hook UMC Food Pantry

July 2016 thru July 2017 Summary

The Red Hook UMC Food Pantry is a client agency of the Regional Food Bank of NENY. We serve anyone in need within the Red Hook school district. We are open every Sunday, 12:30 – 2:00pm. We are also open for special holiday distributions (Thanksgiving and Christmas).

We rely on generous monetary donations, the Hand to Mouth Weavers income, and HPNAP/USDA funding. Volunteers from the Church, Community, Bard College, RAMAPO, and Dutchess ARC pick up food from many sources (Regional Food Bank, local Farms, Hannaford, Panera, and local food drives) to fill our store room, stock shelves, and serve our clients each week.

The HPNAP standard grant year is July 1 – June 30. This year, however, Grant funding has been delayed. Our current grant for July 1, 2017 – October 30, 2017 is for \$2,500. As of 9/29/2017, we have \$10.72 left in remaining grant funds.

<u>Financials</u>	<u>Income</u>	<u>Expense</u>	<u>Grant</u>
Hand to Mouth			
Weavers Income	\$ 988.79		
Donations	\$ 6,360.05		
Food Bank Expense		\$ 5,426.62	
Stewarts Milk Cards		\$ 615.00	
Emergency Assistance		\$ 241.23	
	\$ 7,348.84	\$ 6,282.85	\$9,457,41

July 1, 2016 – June 30, 2017 We Served:

1,524 Families with 1,221 Children, 566 Seniors, and 2,710 Adults over the course of this year.

For The Fridge

Sunday	Worship 10:30, followed by Coffee Hour Food Pantry 12:30-2pm 10/29 Annual Crop Walk
Monday	10/23 United Methodist Women 6:30pm
Tuesday	10/17 Food Pantry Delivery
Wednesday	10/4 Trustees 7pm 10/11 Membership Committee 2pm Days For Girls 6pm Weavers 7-9pm
Thursday	Bible Study 3-5pm, back in the Lounge Choir Practice 7pm Women's AA Meeting 6pm in the Lounge
Friday	
Saturday	10/7 Hand to Mouth Weavers at the Phantom Gardeners Fall Festival 10/14 Annual Conference 10-12, Pleasant Valley UMC 10/28 Conference -Wide UMW Meeting, Newburg Grace UMC

****For a PASTORAL CARE VISIT at any time please feel free to contact Pastor Nikki Edelman directly by phone, 845-546-3260 or email, nedleman@hotmail.com or contact the church office, 845-758-6283****

****Please put your returnable cans and bottles in the bench by the back door, to support our Days for Girls Program, Thank You****

Join Us for a Special Native American
Thanksgiving Service

October 15, 2017 @ Service

Followed by an Afternoon Event



We will celebrate Native American Sunday during worship
with special guests; The Association of Native Americans of the
Mid-Hudson Valley

October 15, 1pm: Native American Music and Storytelling with
The Cloud Breaker Society and Red Feather Singers



Help us Save the Earth / Go Green Initiative

In an effort to conserve our natural resources and Church funds, we would like to encourage you to Go Paperless! You can help by providing the Church with an email address and stop receiving paper mailings from us. If you are interested, please contact the Office 845-758-6283
redhookumc@umchurches.org.

Thank you for helping our Church Go Green!

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